

Skin sutures generally are removed from five to eight days after application, with sutures on the neck or face generally being removed slightly sooner.

Absorbable sutures lose enough strength in that period that they can often be removed without cutting, but non-absorbables will need to be cut out.



- 1 If necessary clean the area thoroughly with an appropriate solution. Hold the free end of the suture then slide under the Stitch Cutter so it lies flat to the patients skin.
 - 2 Rotate the stitch cutter gently upwards so that the cutting edge contacts the suture material as close as possible to where it enters the skin.
 - **3** Gently pull the suture out ensuring that the section which has been exposed to the outside world is not drawn through the wound thus introducing potential contamination and an increased risk of post infection.

















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+44 (0)114 2344231

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